



**CRISIS PLAN
SOUTHERN CAMEROONS
(AMBAZONIA)**

**ADOPTED AT THE SUMMIT OF LEADERS OF POLITICAL
ORGANIZATIONS WORKING TO FREE THE SOUTHERN
CAMEROONS (AMBAZONIA) FROM SIX DECADES OF
COLONIAL OCCUPATION BY LA REPUBLIQUE DU
CAMEROUN (FRENCH CAMEROUN).**

**July 29, 2025
Buea, Southern Cameroons
(Ambazonia)**

Building a shared and prosperous future

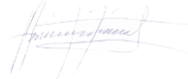


ENDORSEMENT

The Leaders of Movements fighting to free the people of the Southern Cameroons, (Ambazonia) from the yoke of colonial subjugation by La Republique du Cameroun, after consultation with stakeholders and the Ambazonian public, hereby publish this Crisis Plan for the benefit of a our citizens.



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Ambazonian Prisoners
of Conscience



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29 July 2025

INTRODUCTION

In the past few months, tension and uncertainty have been mounting in La Republique du Cameroun owing to political developments there. Panic within government circles, chaotic official communication, the perceptible breakdown in law and order and threats to the forthcoming presidential elections suggest some grim happenings could take place. This could have dire consequences on the stability of that country, the impact of which could extend to the Southern Cameroons (Ambazonia) currently under the colonial occupation of La Republique du Cameroun and fending off a seven-year invasion ordered by their president, the 92 year old Mr. Biya.

To assuage the effect of events in La Republique du Cameroun on our homeland, Southern Cameroons (Ambzonian) political leaders have been holding intense consultations to outline a **Crisis Plan** to guide our fellow citizens in the homeland on how to navigate, stay safe, and avoid snares or distractions in the event of any crisis or upheavals resulting from any likely political unrest.

This **Crisis Plan** articulates possible scenarios, defines escalation processes, identifies key actions and assigns responsibilities. It should mitigate the effects or consequences of any impending instability in La Republique du Cameroun on the occupied territory of the Southern Cameroons (Ambazonia). Things may not go exactly as anticipated, so this plan will be regularly reviewed and updated as events unfold. But the leaders are of the view that our citizens must be safe wherever they are or should be able to move to safer places.

1. RISK ANALYSIS

The plan considers several possible scenarios if instability erupts in La République du Cameroun, including:

- Heightened insecurity leading to curfews or restricted movement.
- Closure of markets, resulting in food scarcity and famine.
- Failure of utilities such as water and electricity.
- Essential services collapse, including hospitals and pharmacies.
- Communication blackouts due to telephone and internet failures.
- Violence and looting, including arson and xenophobic attacks.
- Political instability from a leadership vacuum, a possible coups, counter coup or factional struggles.



- International interventions by neighboring countries, the AU, or the UN.

This analysis also considers economic ramifications, such as potential currency instability or banking system failures, which could further exact strain on the Southern Cameroons (Ambazonia).

2. CONTINGENCY PLANNING AND ESCALATION PROCESSES

In case the situation escalates beyond the outlined scenarios, detailed contingency measures are in place:

- **Evacuation Plan:** Establish clear civilian evacuation routes within Southern Cameroons and across the Nigerian border. Safe zones will be identified, and citizens will be directed to these areas if conflict intensifies.
- **Backup Plans:** Should primary actions fail (e.g., access to essential services), alternative sources of power, food, and medical supplies must be identified. Regional support teams will assist in maintaining order and providing resources.
- **Coordination with International Actors:** If the crisis deepens, coordination with international bodies such as the African Union, the United Nations, and humanitarian organizations (like the International Red Cross) will be essential for securing aid and intervention.

3. ACTIVATION PLAN

To ensure individual and collective security, the following actions are recommended:

- **Document Security:** Scan important documents and store them online.
- **Alternative Energy Sources:** Secure rechargeable bulbs, batteries, power banks, and other light sources.
- **Food and Water Storage:** Stock up on dried foods, non-perishable items, and bottled drinking water, particularly for households with children. Alternative water filtration methods should also be prepared.

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- **Medical Supplies:** Procure extra doses of life-saving medication (e.g., for diabetes or high blood pressure). Households should also store fever and malaria treatments.
- **Curfew:** Ambazonians in La République du Cameroun should implement a personal curfew from 6 PM to 6 AM.
- **Safe Zones:** Local leaders and community organizations will coordinate the identification of neighborhood health personnel (doctors, nurses) who can assist during emergencies.

4. SECURITY MEASURES FOR THOSE IN THE SOUTHERN CAMEROONS (AMBAZONIA)

Additional measures for Southern Cameroons citizens include:

- **Personal Safety:** Avoid staying out after 6 PM, especially in bars or public spaces. Purchase drinks or supplies early and remain indoors.
- **Home Security:** Be cautious when answering the door and avoid opening it for unfamiliar persons.
- **Community-Based Intelligence:** Establish community intelligence networks to monitor suspicious activities and share real-time information on enemy movements or potential threats.
- **Restoration Forces Rules of Engagement:** Restoration Forces will operate under strict rules of engagement, ensuring they protect civilian lives and property while maintaining discipline.

5. COMMUNICATION PLAN

The Consultative Commission will maintain ongoing consultations with Southern Cameroons political leaders, community heads at home and abroad, and field commanders. Selected information networks will be designated to keep the public informed. Key aspects include:

- **Communication Redundancy:** Prepare for potential internet and phone blackouts by establishing alternative communication systems (e.g., ham radios, satellite phones, mesh networks). Pre-recorded emergency messages will be ready for deployment in the event of disruptions.

- **Social Media Strategy:** While local communication may fail, the Southern Cameroons diaspora will maintain communication via social media platforms to raise awareness and attract international attention.
- **Family-Level Preparedness:** Every family head must, after reading this Crisis Plan, teach their household members about precautionary measures, ensuring they know how to respond to safety concerns as the crisis evolves.

6. DIASPORA AND INTERNATIONAL SUPPORT

Diaspora Ambazonians must be ready to support their friends and relatives at home. Communities abroad are urged to:

- **Establish Regional Response Teams:** These teams will coordinate humanitarian aid, financial support, and advocacy efforts in North America, Europe, and Africa. The goal is to minimize factionalism and ensure cohesive support for refugees, prisoners, and internally displaced persons (IDPs).
- **International Lobbying:** Mobilize global attention by engaging international bodies such as the African Union, the UN, and human rights organizations, pressing for humanitarian aid and diplomatic action.

7. ECONOMIC SELF-RELIANCE

In anticipation of economic collapse, Southern Cameroons citizens should:

- **Form Local Cooperative Economies:** Set up local food-sharing networks, barter systems, and alternative currencies to maintain the local economy in case of market collapse.
- **Secure Trade Routes:** Identify and secure local and cross-border trade routes, particularly with Nigeria, to maintain supplies of essential goods.

8. MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT

Recognizing the psychological toll of prolonged conflict, the plan includes:

- **Community-Based Psychosocial Networks:** Set up networks to provide mental health support, including counseling services and stress



management techniques. NGOs with expertise in this domain are hereby invited to do what is needful and provide assistance.

9. LIBERATION FORCES AND CIVIL PROTECTION

The Liberation Forces are called upon to show great discipline, responsible leadership, and respect for civilian life and property. Their role will focus on:

- **Protecting Civilians:** Liberation Forces must safeguard civilians during incursions by enemy forces and ensure their actions do not exacerbate tensions.
- **Civil Protection Measures:** Lockdowns or ghost towns may be declared to minimize civilian movement and avoid crossfire during potential confrontations.

10. POST-CRISIS RECOVERY

Once stability is restored, the plan includes measures for:

- **Rebuilding Infrastructure:** Assess and rebuild damaged infrastructure, including roads, schools, hospitals, and power facilities.
- **Restoring Essential Services:** Work with local and international organizations to restore utilities (water, electricity) and healthcare services.
- **Promoting Reconciliation:** Address the deep-rooted tensions that may have arisen during the crisis by promoting community healing and reconciliation efforts.

CONCLUSION

The Southern Cameroons (Ambazonia) Crisis Plan is designed to be dynamic, adjusting to rapidly evolving situations. It calls for unity, self-discipline, and collective action to navigate this uncertain period. With coordinated efforts, strong leadership, and a clear focus on civilian safety, the people of the Southern Cameroons will overcome this challenge and continue their pursuit of freedom and self-determination.

The End/...