

SOUTHERN CAMEROONS (AMBAZONIA)

CRISIS PLAN

(DRAFT)

In recent weeks, tension and uncertainty have mounted in La République du Cameroun due to political developments there. It is likely that if these uncertainties persist, there could be uprisings or a military takeover leading to instability. The impact would be felt in the Southern Cameroons (Ambazonia), which has been under colonial occupation and has been fending off a seven-year invasion ordered by Paul Biya.

This Crisis Plan outlines scenarios, defines escalation processes, identifies key actions, and assigns responsibilities. It is designed to mitigate the effects of any potential instability in La République du Cameroun on the Southern Cameroons (Ambazonia). This plan will be reviewed and updated regularly as events unfold, ensuring that our citizens are protected and can move to safer areas if necessary.

1. RISK ANALYSIS

The plan considers several possible scenarios if instability erupts in La République du Cameroun, including:

- Heightened insecurity leading to curfews or restricted movement.
- Closure of markets, resulting in food scarcity and famine.
- Failure of utilities such as water and electricity.
- Essential services collapse, including hospitals and pharmacies.
- Communication blackouts due to telephone and internet failures.
- Violence and looting, including arson and xenophobic attacks.
- Political instability from a leadership vacuum, a possible coups, counter coup or factional struggles.
- International interventions by neighboring countries, the AU, or the UN.

This analysis also considers economic ramifications, such as potential currency instability or banking system failures, which could further exact strain on the Southern Cameroons (Ambazonia).

2. CONTINGENCY PLANNING AND ESCALATION PROCESSES

In case the situation escalates beyond the outlined scenarios, detailed contingency measures are in place:

- **Evacuation Plan:** Establish clear civilian evacuation routes within Southern Cameroons and across the Nigerian border. Safe zones will be identified, and citizens will be directed to these areas if conflict intensifies.
- **Backup Plans:** Should primary actions fail (e.g., access to essential services), alternative sources of power, food, and medical supplies must be identified. Regional support teams will assist in maintaining order and providing resources.
- **Coordination with International Actors:** If the crisis deepens, coordination with international bodies such as the African Union, the United Nations, and humanitarian organizations (like the International Red Cross) will be essential for securing aid and intervention.

3. ACTIVATION PLAN

To ensure individual and collective security, the following actions are recommended:

- **Document Security:** Scan important documents and store them online.
- **Alternative Energy Sources:** Secure rechargeable bulbs, batteries, power banks, and other light sources.
- **Food and Water Storage:** Stock up on dried foods, non-perishable items, and bottled drinking water, particularly for households with children. Alternative water filtration methods should also be prepared.
- **Medical Supplies:** Procure extra doses of life-saving medication (e.g., for diabetes or high blood pressure). Households should also store fever and malaria treatments.
- **Curfew:** Ambazonians in La République du Cameroun should implement a personal curfew from 6 PM to 6 AM.

- **Safe Zones:** Local leaders and community organizations will coordinate the identification of neighborhood health personnel (doctors, nurses) who can assist during emergencies.

4. SECURITY MEASURES FOR THOSE IN THE SOUTHERN CAMEROONS (AMBAZONIA)

Additional measures for Southern Cameroons citizens include:

- **Personal Safety:** Avoid staying out after 6 PM, especially in bars or public spaces. Purchase drinks or supplies early and remain indoors.
- **Home Security:** Be cautious when answering the door and avoid opening it for unfamiliar persons.
- **Community-Based Intelligence:** Establish community intelligence networks to monitor suspicious activities and share real-time information on enemy movements or potential threats.
- **Restoration Forces Rules of Engagement:** Restoration Forces will operate under strict rules of engagement, ensuring they protect civilian lives and property while maintaining discipline.

5. COMMUNICATION PLAN

The Consultative Commission will maintain ongoing consultations with Southern Cameroons political leaders, community heads at home and abroad, and field commanders. Selected information networks will be designated to keep the public informed. Key aspects include:

- **Communication Redundancy:** Prepare for potential internet and phone blackouts by establishing alternative communication systems (e.g., ham radios, satellite phones, mesh networks). Pre-recorded emergency messages will be ready for deployment in the event of disruptions.
- **Social Media Strategy:** While local communication may fail, the Southern Cameroons diaspora will maintain communication via social media platforms to raise awareness and attract international attention.

- **Family-Level Preparedness:** Every family head must, after reading this Crisis Plan, teach their household members about precautionary measures, ensuring they know how to respond to safety concerns as the crisis evolves.

6. DIASPORA AND INTERNATIONAL SUPPORT

Diaspora Ambazonians must be ready to support their friends and relatives at home. Communities abroad are urged to:

- **Establish Regional Response Teams:** These teams will coordinate humanitarian aid, financial support, and advocacy efforts in North America, Europe, and Africa. The goal is to minimize factionalism and ensure cohesive support for refugees, prisoners, and internally displaced persons (IDPs).
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- **International Lobbying:** Mobilize global attention by engaging international bodies such as the African Union, the UN, and human rights organizations, pressing for humanitarian aid and diplomatic action.

7. ECONOMIC SELF-RELIANCE

In anticipation of economic collapse, Southern Cameroons citizens should:

- **Form Local Cooperative Economies:** Set up local food-sharing networks, barter systems, and alternative currencies to maintain the local economy in case of market collapse.
- **Secure Trade Routes:** Identify and secure local and cross-border trade routes, particularly with Nigeria, to maintain supplies of essential goods.

8. MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT

Recognizing the psychological toll of prolonged conflict, the plan includes:

- **Community-Based Psychosocial Networks:** Set up networks to provide mental health support, including counseling services and stress management techniques. NGOs with expertise in this domain are hereby invited to do what is needful and provide assistance.

9. LIBERATION FORCES AND CIVIL PROTECTION

The Liberation Forces are called upon to show great discipline, responsible leadership, and respect for civilian life and property. Their role will focus on:

- **Protecting Civilians:** Liberation Forces must safeguard civilians during incursions by enemy forces and ensure their actions do not exacerbate tensions.
- **Civil Protection Measures:** Lockdowns or ghost towns may be declared to minimize civilian movement and avoid crossfire during potential confrontations.

10. POST-CRISIS RECOVERY

Once stability is restored, the plan includes measures for:

- **Rebuilding Infrastructure:** Assess and rebuild damaged infrastructure, including roads, schools, hospitals, and power facilities.
- **Restoring Essential Services:** Work with local and international organizations to restore utilities (water, electricity) and healthcare services.
- **Promoting Reconciliation:** Address the deep-rooted tensions that may have arisen during the crisis by promoting community healing and reconciliation efforts.

CONCLUSION

The Southern Cameroons (Ambazonia) Crisis Plan is designed to be dynamic, adjusting to rapidly evolving situations. It calls for unity, self-discipline, and collective action to navigate this uncertain period. With coordinated efforts, strong leadership, and a clear focus on civilian safety, the people of the Southern Cameroons will overcome this challenge and continue their pursuit of freedom and self-determination.